

# PRESS RELEASE

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19 December 2019

## GP and pharmacy opening hours this Christmas and New Year

GP practices across Leicester, Leicestershire and Rutland will be closed on Christmas Day, Boxing Day and New Years Day. Health bosses are reminding locals about the full range of local services available over the festive period, for example community pharmacies, urgent care centres and NHS111.

### Community Pharmacies

Pharmacists are highly trained clinicians. They can give expert advice on common illnesses including coughs, colds, aches and pains and they can answer questions about prescribed medicines. They can also advise on treatment of minor injuries and many have private consultation rooms. A list of pharmacy opening hours can be found at: <http://bit.ly/PharmacyFestiveOpening>.

### Urgent Care Centres

Urgent Care Centres (in Leicestershire County and Rutland) and Healthcare Hubs (in Leicester City) are run by healthcare professionals and many have x-ray facilities. They can deal with a range of health issues including sprains, suspected fractures and breaks, minor head injuries, cuts and grazes, minor scalds and burns, ear and throat infections and more.

The Healthcare Hubs in Leicester City require you to have an appointment. You can find locations and opening hours of Urgent Care Centres across Leicester, Leicestershire and Rutland at: <http://bit.ly/UrgentCareCentresLLR>.

### NHS 111

NHS 111 is available 24/7. You can now also access NHS111 Online to check your symptoms: <https://111.nhs.uk>. You will be directed to 111 if you call your normal GP service out-of-hours. If you've called 111 you will be assessed by a team of highly trained call advisors and clinicians. If needed, they can arrange for you to speak to a clinician or make you an appointment with a local service that is open near to you.

To get tips and advice on a range of winter health topics – from asthma, diarrhoea and vomiting, and winter flu, to pharmacies and self care advice – see the local NHS winter wellness website: [www.bettercareleicester.nhs.uk/help-us-help-you](http://www.bettercareleicester.nhs.uk/help-us-help-you)

## ENDS

For more information please contact:

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